

PE Long Term Plan

Year	Autumn		Spring		Summer	
R	Introduction to PE		Gymnastic		Games	
	Fundamentals		Dance		Ball Skills	
	Project 1	Project 2	Project 3	Project 4	Project 5	
R/1	Rec - Fundamentals Yr1 - Fundamentals and Ball Skills	Rec - Fundamentals: Yr1 - Gymnastics	Rec – Gymnastics and Dance Yr1 – Dance and Ball Skills	Rec – Games and Ball Skills Yr1 – Athletics/ Net Wall	Rec - Games and Ball Skills Yr1 – Team Building/Striking and Fielding	
1	Fundamentals	Gymnastics	Dance	Athletics	Team Building	
	Ball Skills		Ball Skills	Net & Wall Games	Striking & Fielding	
2	Fundamentals	Gymnastics	Dance	Athletics	Team Building	
	Ball Skills		Invasion Games	Net & Wall Games	Striking & Fielding	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
3	Fundamentals	Gymnastics	Dance	Fitness	Netball	Cricket
	Cross Country/OAA	Dodgeball	Handball	Tag Rugby	Tennis	Athletics
4	Fundamentals	Gymnastics	Dance	Yoga	Basketball	Athletics
	Cross Country/OAA	Football	Fitness	Hockey	Tennis	Rounders
5	Swimming	Swimming	Swimming	Tag Rugby	Cricket	Netball
	Cross Country and OAA	Gymnastics	Dance	Badminton	Tennis	Athletics
6	Fitness	Gymnastics	Dance	Yoga	Tennis	Athletics
	Cross Country/OAA	Handball	Badminton	Hockey	Cricket	Rounders