

### Subject Vision

At Roberttown, we highly value PE and sport in our school and provide a broad and balanced programme of physical education in line with the National Curriculum. We believe every child should have the opportunity to access activities designed to be enjoyable, vigorous, purposeful and regular. Physical activity not only improves health, reduces stress and improves concentration, but also promotes correct physical growth and development. We recognise that exercise has a positive influence on academic achievement, emotional stability and interaction with others.

Physical education explicitly teaches the necessary knowledge and skills for working with and relating to others, and provides the learning opportunities to develop these skills. It enables the development of leadership and teamwork skills and encourages children to transfer knowledge to other learning areas.

We aim to give children the opportunities to develop their skills, understanding and knowledge of sports and apply this to competitions both internally and externally. We want our children to participate in a wide range of sporting activities which in turn develops a passion for being active and healthy. We want our school values of endurance and friendship to help them reach their own sporting potential and relish being part of a team thus giving them the confidence to try new things. Whether participating or spectating, we want our children to always enjoy the spirit of sport and be dignified in the taking part, the winning and the losses.

### Our Approach

The range of physical activities we offer includes; athletics, dance, games, gymnastics, swimming and outdoor education. A high quality programme is designed to satisfy all needs, abilities and interests of our children. At Roberttown each KS1 & KS2 class will receive 2 hours of taught physical activity per week, Reception children have a wealth of activities built into both their indoor and outdoor provision to develop both fine and gross motor skills and their physical activity. In addition to this, all classes follow a varied activity map which ensures some level of physicality and exercise is accessible every day.

We strive for children in KS1 to become competent and confident with their fundamental movement skills (agility, balance and co-ordination) through multi-sports, dance and gymnastics. Basic movements such as running and jumping or throwing and catching are covered through Athletics and Multi-Sports. Children engage in competitive and co-operative activities throughout the year in a variety of different sports.

In KS2, children continue to develop their skills in more challenging and competitive games and sports. They bring their understanding of rules, positional play and tactics in a range of games such as tennis, hockey, netball, football, rugby, cricket and rounders. We encourage children to be active communicators and to work collaboratively as teams. We want our children to understand how they can improve their own performance in sport through evaluation and commitment. Children continue to develop their gymnastics and dance sequences and year 5 attend a weekly swimming lesson.

Our PE lessons are delivered by teachers and HLTA's with the addition of some sessions being (jointly) delivered by Legacy Sport. This ensures the children receive specialist coaching and staff are able to continually increase their own professional development and have the opportunity to support and monitor impact and progression within lessons.

In addition to scheduled PE sessions, all year groups partake in the 'K in a day'. This hugely helps fitness levels and develops stamina.

At Roberttown we encourage healthy competition. We endeavour to have maximum participation in inter and intra sporting events. At present, we hold the Gold standard for the School Games Award.